



SRI BHARATHI

ENGINEERING COLLEGE FOR WOMEN

(Approved by AICTE, New Delhi and Affiliated to Anna University, Chennai)
Kaikkurichi, Pudukkottai -622 303

www.sbec.edu.in

NAAC DOCUMENTS



Quality Indicator Frame Work

Criterion – 5

Student Support and Progression

Submitted by

IQAC

Internal Quality Assurance Cell

Sri Bharathi Engineering College for Women



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(Approved by AICTE, New Delhi, Affiliated to Anna University, Chennai-25)
Kaikkurichi, Pudukkottai, Tamil Nadu – 622 303, India

ACADEMIC YEAR (2021-2022) /EVEN SEMESTER

5.1.2 LIFE SKILLS

S.NO	TOPIC	CONTENT	PAGE NUMBER
1.	Practice of common yoga protocol and yoga demonstration	CIRCULAR	3-3
		INVITATION	4-4
		STUDENT PARTICIPATION LIST	5-10
		REPORT OF THE PROGRAM	11-12
		CERTIFICATES	13-15



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(Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai)

KAIKKURICHI, PUDUKKOTTAI- 622 303.

CIRCULAR

Date: 13.06.2022

A Life skill programme on “Practice of Common Yoga Protocol and Yoga Demonstration” will be conducted by our college in association with YRC and NEHRU YUVA KENDRA, Pudukkottai on 15th June 2022, Wednesday at 9.45 am. All Students and Faculty Members are instructed to attend the program in our Seminar hall.


PRINCIPAL
~~PRINCIPAL~~
SRI BHARATHI ENGINEERING
COLLEGE FOR WOMEN
KAIKKURICHI - 622 303.
PUDUKKOTTAI DISTRICT

Cc:

All Faculty Members
All I, II, III & IV Year B.E Classes
IQAC Coordinator
YRC Coordinator/YRC File
Notice Board
Office File


Dr. S. THILAGAVATHI M.E., Ph.D.,
PRINCIPAL
SRI BHARATHI ENGINEERING
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Kaikkurichi - 622 303, Pudukkottai Dt.



SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN

(Approved by AICTE, New Delhi & Affiliated to Anna University, Chennai)

KAIKKURICHI, PUDUKKOTTAI - 622 303.

Cordially Invites you for the

Life Skill Programme

On

PRACTICE OF COMMON YOGA PROTOCOL AND YOGA DEMONSTRATION

In Association with YRC

&

NEHRU YUVA KENDRA, PUDUKKOTTAI

On

15th JUNE 2022, Wednesday @ 9.45 am

at

Seminar Hall

GUEST OF HONOUR

MASTER R.Pandiyarajan,

Mrs.Y.Bhuvaneshwari,

Yoga Master- Aathma yogi Yoga Foundation, Pudukkottai

In the Presence of

Mr.G.Dhanasekaran

Chairman, Sri Bharathi Educational Institutions

Dr.S.Thilagavathi.M.E, Ph.D

Principal, Sri Bharathi Engineering College for Women

Er. N.Kanagarajan

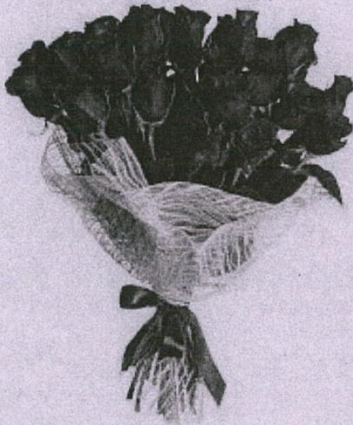
Correspondent, Sri Bharathi Engineering College for Women

Dr. S.THILAGAVATHI M.E., Ph.D.,

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Kaikkurichi, Pudukkottai- 622303.

PRACTICE OF COMMON YOGA PROTOCOL AND YOGA DEMONSTRATION

ATTENDANCE LIST

Date: 15.06.22

SI.NO	REG. NO	NAME	DEPT/YEAR	SIGNATURE
1.	912621106001	AMRIN M	ECE/I	Amrin
2.	912621106002	BHUVANESWARI C		Bhuvaneshwari
3.	912621106003	DHANYASHREE A		Dhanyashree
4.	912621106004	KALAIVANI R		Kalavani
5.	912621106005	KAVIYA K		Kaviya
6.	912621106006	KEERTHANA V		Keerthana
7.	912621106007	PAVITHRA P		Pavithra
8.	912621106008	RAJESHWARI R		Rajeshwari
9.	912621106009	SUBALAKSHMI M		Subalakshmi
10.	912621106010	SUGUNA C		Suguna
11.	912621103001	AKILA G	CIVIL/I	Akila
12.	912621103002	GAYATHRI G		Gayathri
13.	912621103003	JAYABHARATHI R		R. Jayabharathi
14.	912621103004	JAYA MANOHARI B		J. Manohari
15.	912621103005	PRIYADHARSHINI A		Priyadharsini
16.	912621103006	RABIA BANU M		R. Banu
17.	912621103007	SHERLIN KAVYA B		Sherlin
18.	912621105001	GOKULAPRAVEENA A	EEE/I	Gokulapaveena
19.	912621105002	RAFEEQA N		Rafeeqa
20.	912621105004	SUMITHRA S		Sumithra
21.	912621104001	ABINAYA K	CSE/I	K. Abinaya
22.	912621104002	AMEERA N		Ameera
23.	912621104003	ANJUGAM C		Anjugam
24.	912621104004	ARUNDATHI S		Arundathi
25.	912621104005	ASHIKA B		Ashika
26.	912621104006	DIVYA T		Divya

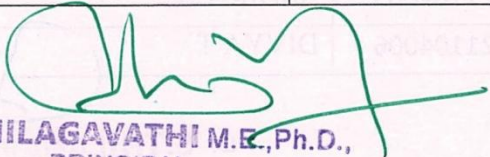
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27.	912621104007	ELACKIYA G		G. E. S.
28.	912621104008	GAYATHRI K		K. Gayathri
29.	912621104009	GEETHA M		Geetha
30.	912621104010	HARSHITHA P		H. P.
31.	912621104011	ISHWARYA S		I. S.
32.	912621104012	JANANI R		R. Janani
33.	912621104013	KANDALAKSHMI A		K. Lakshmi
34.	912621104015	LAVANYA S		S. Lavanya
35.	912621104016	MAHASREE P		P. Mahasree
36.	912621104018	PRIYA M		M. Priya
37.	912621104019	RABIKA R		R. Rakhi
38.	912621104021	SAHEENA BEGAM A	CSE/I	A. Saheena Begam
39.	912621104022	SASIPRIYA R		R. Sasipriya
40.	912621104023	SHAMIMA P		P. Shamima
41.	912621104024	SHEERA BANU A		A. Sheera Banu
42.	912621104025	SIVAJOTHIKA S		S. Sivajothika
43.	912621104026	SIVAPRIYA R		R. Sivapriya
44.	912621104027	SUBHA DHARSHINI S		S. Subhadharshini
45.	912621104028	SUBIKSHA S		S. Subiksha
46.	912621104029	VINITHA K		K. Vinitha
47.	912621104030	VISALATCHI S		S. Visalatchi
48.	912621104031	YOGESHWARI S		S. Yogeshwari
49.	912620103001	ASWINI T		T. ASWINI
50.	912620103002	GEETHA M		M. Geetha
51.	912620103003	KEERTHI S		S. Keerthi
52.	912620103004	SUBATHRA S	CIVIL/II	S. Subathra
53.	912620103301	BHAVANI S		S. Bhavani
54.	912620103302	MEGALA V		V. Megala
55.	912620106001	ABIRAMI S		S. Abirami
56.	912620106002	ANUSHYA M		M. Anushya
57.	912620106003	ARTHI S	ECE/II	S. Arthi
58.	912620106004	JEYASRI K		K. Jeyasri
59.	912620106006	SENPAGAHARINI V		V. Senpagaharini


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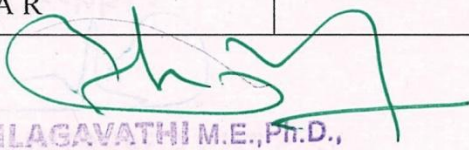
60.	912620106007	SONIYA P		P. Soniya
61.	912620106301	ABITHA S	ECE/II	Abitha S
62.	912620106302	DESIKA G		Desika G
63.	912620106303	SABAREESWARI S		S. Sabareeswari
64.	912620106304	SUBBULAKSHMI P		P. Subbulakshmi
65.	912620105001	KAYALVIZHI K	EEE/II	K. Kayalvizhi
66.	912620105002	RAMADEVI S		S. Ramadevi
67.	912620105003	SRINANTHANA S		S. Srinanthana
68.	912620105301	KALPANA T		Kalpana T
69.	912620105302	KAVIYA R		Kaviya R
70.	912620105303	KOPPERNDEVI S		Kopperndevi S
71.	912620105304	NARMATHADEVI K		K. Narmathadevi
72.	912620105305	SRIBHARATHI S		S. Sri Bharathi
73.	912620104001	AKALYA S	CSE/II	Akalya S
74.	912620104002	HEMA V		Hema V
75.	912620104003	ISWARYA R		Iswarya R
76.	912620104005	KALPANA K		Kalpana K
77.	912620104006	MAHALAKSHMI P		Mahalakshmi P
78.	912620104007	MEIYYAMMAL M		M. Meiyammal
79.	912620104008	NANDHINI P		P. Nandhini
80.	912620104009	PRASANNA DEVI P		Prasanna Devi P
81.	912620104010	PRISHIYA E		Prishiya E
82.	912620104012	ROSAMMAL M		Rosammal M
83.	912620104013	ROSHIKA K		Roshika K
84.	912620104014	SABHA AYSHA S		S. Sabha Aysha
85.	912620104015	SATHIYASRI P		Sathiyasri P
86.	912620104016	SIVAGAMI D		Sivagami D
87.	912620104017	SIVAHARINI S		Sivaharini S
88.	912620104018	SUBASHINI C		Subashini C
89.	912620104019	SUBASHINI M		M. Subashini
90.	912620104020	SWETHA D		Swetha D
91.	912620104021	VANATHI T		Vanathi T
92.	912620104022	VINCIYA MARY S		Vinciya Mary S


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93.	912620104301	AARTHI P	CSE/II	Aarthi	
94.	912620104303	JANANI B		Janani B	
95.	912620104304	VAISHNAVI R		R. Vaishnavi	
96.	912619103001	AJITHA T	CIVIL/III	T. Ajitha	
97.	912619103002	ARULJENIFAR C		Aruljenifar C	
98.	912619103003	DIVYA V		V. Divya	
99.	912619103004	MANGAIYARKARASI G		G. Mangayarsi	
100.	912619103005	MUTHULAKSHMI S		Muthulakshmi S	
101.	912619103006	PRAVEENA S		P. Praveena	
102.	912619103007	PRIYADHARSHINI K		Priyadharshini K	
103.	912619103009	RAGAVI V		R. Ragavi	
104.	912619103301	LILLY JOHN J		J. Lilly	
105.	912619103302	BHUVANI S		S. Bhuvani	
106.	912619106001	AASHIMA M		ECE/III	Aashima M
107.	912619106002	ANANTHI P			P. Ananthi
108.	912619106004	JAFFARNISHA R	Jaffarnisha R		
109.	912619106005	MAHESWARI K	Maheshwari K		
110.	912619106006	MANISHA S	S. Manisha		
111.	912619106007	MEGAVADHANA A	A. Megavadhana		
112.	912619106008	PRIYANGA R	Priyanga R		
113.	912619106009	RAGAVI V	V. Ragavi		
114.	912619106010	RAJAPRABA M	M. Rajapraba		
115.	912619106011	SASIKA K	K. Sasika		
116.	912619105001	AASHIKA R	EEE/III		Aashika R
117.	912619105002	ABINAYA S			Abinaya S
118.	912619105003	ABITHA P		Abitha P	
119.	912619105004	ARTHY N		Arthy N	
120.	912619105005	DEEPIKA R		Deepika R	
121.	912619105006	KOGULA PRIYA R		Kogula Priya R	
122.	912619105007	NISHA S		Nisha S	
123.	912619105008	PAVITHRA M		Pavithra M	
124.	912619105010	SIVARANJANI S		Sivaranjani S	
125.	912619105301	RAGAVI R		EEE/III	Ragavi R


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126.	912619104001	ANNAPOORANI M	CSE/III	Annapoornam
127.	912619104003	ARUNNAVAMEENA A		Arunnavameena
128.	912619104004	DAYANA P		Dayana
129.	912619104005	DHARSHINI D		Dharshini
130.	912619104007	FAHMIDHA B		Fahmidha
131.	912619104009	GULNAS FATHIMA S		Gulnas Fathima
132.	912619104011	KEERTHANA R		Keerthana
133.	912619104012	MUTHULAKSHMI G		Muthulakshmi
134.	912619104013	MUTHU MEENAKSHI M		Muthu Meenakshi
135.	912619104017	PARAMESHWARI S		Parameswari
136.	912619104020	RILWANA PARVEEN J		Rilwana Parveen
137.	912619104021	ROOPINA R		Roopina
138.	912619104022	SANDHIYA B		Sandhya
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140.	912619104024	SARANYA C		Saranya
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142.	912619104029	SURIYA JOTHI S		Surya Jothi
143.	912619104301	ABINAYA S		Abinaya
144.	912619104501	ISWARYA C		Iswarya
145.	912618103005	MEENACHI K		CIVIL/IV
146.	912618103008	SATHYA M	M. Sathya	
147.	912618103010	UMAMAHESWARI K	Umamaheswari	
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151.	912618106005	JAYAPRIYA T		T. Jayapriya
152.	912618106008	NAVITHRA D		D. Navithra
153.	912618106009	ROHINI K		Rohini
154.	912618106010	SOUNTHARYA P		P. Sountharya
155.	912618106012	THAIYAL NAYAGI K		Thayal Nayagi
156.	912618106701	JANANI R		Janani R.
157.	912618105001	AARTHI G	EEE/IV	Aarthi
158.	912618105002	AASHA R		Aasha


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159.	912618105003	AGARI S		Agari
160.	912618105004	JEEVITHA R		Jeevitha
161.	912618105005	NISHA K		Nisha K.
162.	912618105006	RAMANA R		Ramana
163.	912618105007	SNEHA S		Sneha
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165.	912618104001	ABIRAMI S		Abirami
166.	912618104002	AKILA P		Akila
167.	912618104003	BUVANESHWARI S		B. Bhuvaneshwari
168.	912618104004	EVANJELIN S		E. Evangelin
169.	912618104005	FEFINA I		I. Fefina
170.	912618104007	GOWSALYA A		G. Gowsalya
171.	912618104011	JAYANTHINI T		T. Jayanthini
172.	912618104012	KAVIYASELVI K		K. Kaviyaseelvi
173.	912618104013	KOWSALYA S		K. Kowsalya S
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175.	912618104015	LAKSHMI PRABHA M		M. Lakshmi
176.	912618104017	MALA S	CSE/IV	Mala
177.	912618104018	MAMTHA G		Mamtha
178.	912618104019	NIRANJANADEVI C		Niranjanadevi
179.	912618104020	NIVEDHA M		Nivedha M
180.	912618104021	NIVETHA G		G. Nivetha
181.	912618104022	PRIYADHARSHINI R		Priyadharshini
182.	912618104023	PRIYAVATHANI A		Priyavathani A
183.	912618104024	PUVIYARASI S		S. Puviyarasi
184.	912618104026	ROSLINA BEGUM R		R. Roslina
185.	912618104027	SINDHU V		V. Sindhu
186.	912618104028	SIVASANGAVI A		A. Sivasangavi
187.	912618104029	SURUTHIKA S		S. Suruthika

CO-ORDINATORS

1. Mrs. R. PadmaRani HOD/CIVIL - R. PadmaRani

2. Mrs. V. Nithya Poorani AP/ECE - V. Nithya

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KAIKKURICHI, PUDUKKOTTAI-622303

LIFE SKILL PROGRAMME

ON

PRACTICE OF COMMON YOGA PROTOCOL AND YOGA DEMONSTRATION - REPORT

In Association with YRC

&

NEHRU YUVA KENDRA, Pudukkottai



No. of Participants: 187

Venue: Seminar Hall

Date: 15.06.2022

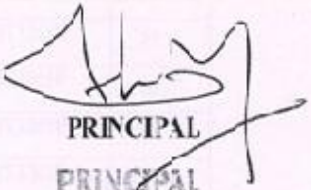
A Life Skill Programme on **Practice of Common Yoga Protocol and Yoga Demonstration** was conducted in Sri Bharathi Engineering College for Women in association with YRC and Nehru Yuva Kendra, Pudukkottai on 15th June 2022. The Chief guests were **MASTER R.Pandiyarajan and Mrs.Y.Bhuvaneshwari (Yoga Masters)**. On average of 187 students and Faculty members were participated in the program. The program started with welcome address by K.ThaiyalNayagi from final year ECE department followed with felicitation by R.Yogeshwari, HoD /ECE department. Then the session was handed over to Guests. Mr.R.Pandiyarajan and Mrs.Y. Bhuvaneshwari gave general talk on yoga practice and motivated the students to do more asannas. After their presentation the students were involved in the program actively and enjoyed to do the asannas without any hesitation. The session was useful for the students.




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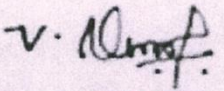
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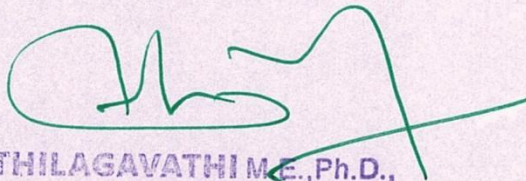
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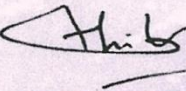
Website: www.sbec.edu.in Email: sribharathienggcollege@gmail.com

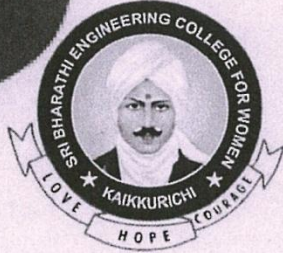
Certificate of Participation

This is to certify that Ms. SUGUNA.C I/ECE has participated in the Life skill programme on “PRACTICE OF COMMON YOGA PROTOCOL AND YOGA DEMONSTRATION” organized by SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN in association with Youth Red Cross on 15th June 2022 during the academic year 2021-2022.


CO-ORDINATOR


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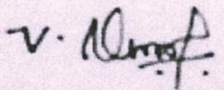
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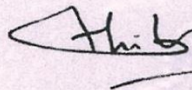
Website: www.sbec.edu.in Email: sribharathienggcollege@gmail.com

Certificate of Participation

This is to certify that Ms SHERLIN KAVYA B I/CIVIL has participated in the Life skill programme on “PRACTICE OF COMMON YOGA PROTOCOL AND YOGA DEMONSTRATION” organized by SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN in association with Youth Red Cross on 15th June 2022 during the academic year 2021-2022.


CO-ORDINATOR


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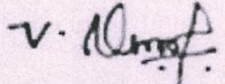
(Approved by AICTE-New Delhi, & Affiliated to Anna University-Chennai)

Kaikkurichi, Pudukkottai – 622 303

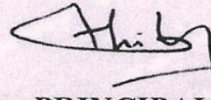
Website: www.sbec.edu.in Email: sribharathienggcollege@gmail.com

Certificate of Participation

This is to certify that Ms. SUMITHRA .S I/EEE has participated in the Life skill programme on “PRACTICE OF COMMON YOGA PROTOCOL AND YOGA DEMONSTRATION” organized by SRI BHARATHI ENGINEERING COLLEGE FOR WOMEN in association with Youth Red Cross on 15th June 2022 during the academic year 2021-2022.


CO-ORDINATOR


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